



# namiwalks

YOUR WAY

## Southeast Minnesota

**Saturday, September 26, 2020**

Join the NAMI Southeast Minnesota mental health virtual walk to raise awareness and funds to help change perceptions about mental illness. Walk on your own time, at your own pace and wherever you like.



**Register and Donate Today!**  
[namiwalks.org/southeastminnesota](https://namiwalks.org/southeastminnesota)

For more information contact:  
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#notalone #mentalhealthforall #NAMISEMN

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